

Conditions Treated

COMMON PATIENT CONDITIONS WE TREAT USING NATURAL MEDICINE

Acute Conditions

Are you tired of going to the doctor and just being prescribed medication? At Optimal Health & Wellness we have a variety of ways to treat common conditions using integrative natural therapies.

- [Allergies](#)
- Auto Accidents
- [Colds and Flu](#)
- Minor Trauma
- [Sports Related Injuries](#)
- Upper Respiratory Infections

Chronic Conditions

Would you like to avoid taking prescription medications? Or discontinue taking them? As naturopathic physicians we can help strengthen your body while taking medications or help decrease your reliance on medications. We can also help you decrease side effects of your medications.

- Acne, Eczema, Psoriasis
- Adrenal Fatigue
- Alopecia (Hair Loss)
- [Arthritis](#)
- Chelation Therapy
- Chemical Toxicity
- [Chronic Fatigue Syndrome](#)
- Chronic Infections (Lyme, Bacterial, Viral, Fungal, Parasites)

- Diabetes
- [Fibromyalgia](#)
- Gallbladder conditions
- Gastrointestinal Issues (Gut dysbiosis, Candida, Constipation, Diarrhea, Acid Reflux, IBS, Crohn's, Ulcerative Colitis)
- Headaches
- Heavy Metal Toxicity
- High Cholesterol
- Hypertension High Blood Pressure
- Infertility
- Menopause
- Metabolic Syndrome
- Pain
- Parkinson's
- [Thyroid conditions](#) (Hypothyroidism, Hyperthyroidism, Grave's, Hashimoto's)
- [Skin Conditions \(wrinkles, scars, aging skin\)](#)
- [Weight Issues](#)

Neuroendocrine Imbalances

Would you like to have more options than taking just prescription medications? We can help with addressing underlying issues related to your condition and give support to address your condition with as little medications as possible.

- Anxiety / Depression
- Attention Deficit Disorder / Hyperactivity
- Bipolar
- Insomnia
- [Hormone Imbalances](#)

Autoimmune Conditions

We offer support with individualized and integrative treatment options for addressing these conditions.

- Celiac Disease
- Crohn's Disease
- Hashimoto's Thyroiditis
- Lupus
- Multiple Sclerosis
- Rheumatoid Arthritis
- Ulcerative Colitis