

# News

## Vitamin Injections at Grassroots

January 19, 2017

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Optimal Health & Wellness has teamed up with Grassroots Natural Market & Kitchen in South...

Posted in: [Vitamin Injection Therapies](#)

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April 28, 2016

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April 22, 2016

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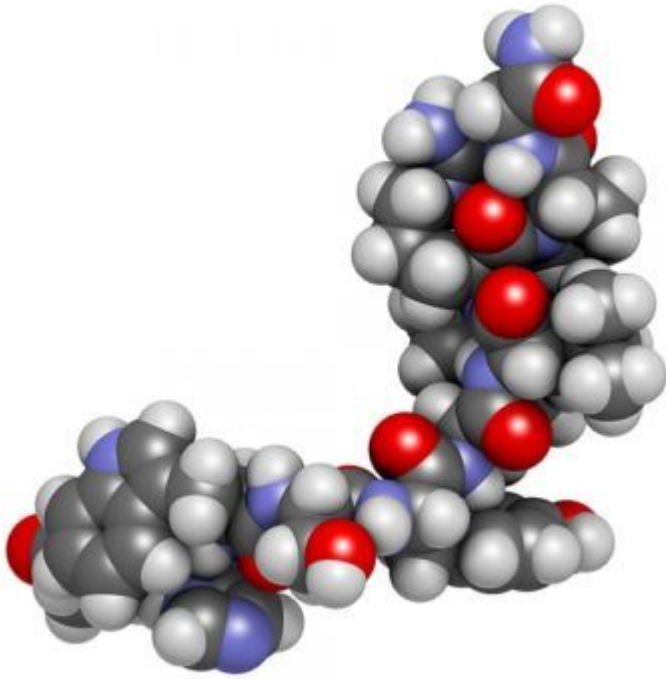
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What is Sermorelin? What can it do? Sermorelin acetate is 29 chain amino acid peptide...

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## [Bio-Identical Hormone Replacement Therapy](#)

April 22, 2016

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Understanding Bio-identical Hormone Replacement Therapy As we age, the body tends to produce less than optimal...

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April 17, 2016

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April 16, 2016

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April 16, 2016

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