

About Us



Welcome to our integrative health centers located in Monterey Park and Pasadena, California. We encourage people with all different cases and

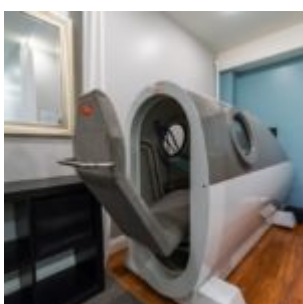
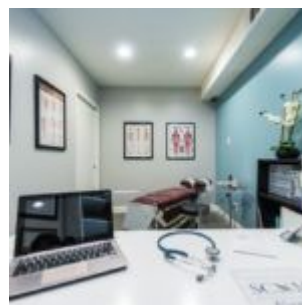
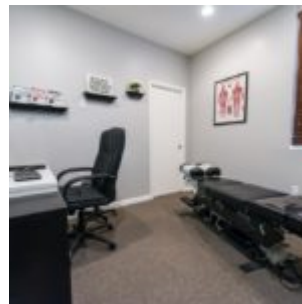
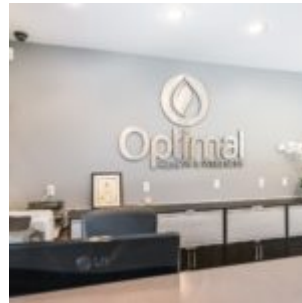
walks of life to come and experience our clinic. It is our goal to provide the most advanced integrative medicine. We help all of our patients to reach Optimal Health and Wellness.

Our services are Naturopathic, Chiropractic, Acupuncture, Medical, Anti-Aging and Holistic treatments, which include Nutrient IV infusion therapy, Prolotherapy, PRP, Ozone injections, HCG Weight Loss plans, Hyperbaric Oxygen Therapy, Sports Medicine, Sports Physicals, Massage, Kinesio-Taping, Myofascial Technique, Rapid Release Therapy, Scoliosis Correction, Postural Support, Comprehensive Health Assessments, Advanced Diagnostic Lab & Allergy Testing, Skin care and Aesthetic Medicine, Detoxification Programs, Chelation, Ultrasonic Lipo, Skin Peels/Skin Care, Postural Support, PRP facial treatment, Corporate/ Athlete/ Individual/ Group Health & Wellness Consulting /Education, Addiction programs, and more. Please let us participate with you as you harness the power of your mind and body down the road to wellness and longevity.

Let Us Help You Transform Your Health.

Our mission at Optimal Health & Wellness is to prevent illness and promote a healthy lifestyle by providing affordable holistic healthcare including medical, acupuncture, chiropractic, naturopathic, and integrative medicine services to our community.

Our Office Photos – Monterey Park



Our Office Photos – Pasadena

